What Is Claimed Is:

1. A driver assistance system for a motor vehicle, comprising

output means for outputting information to a vehicle driver of the motor vehicle, and/or operating means for operation of the driver assistance system by the vehicle driver.

and control means for controlling the information output and/or operation,

characterized by means for determining a workload state of the vehicle driver,

and by an embodiment of the control means for controlling the information output and/or operation as a function of the workload state of the vehicle driver.

2. The driver assistance system as recited in Claim 1,

further characterized by a profile memory for storing at least one user profile, and by an embodiment of the control means for controlling the information output and/or operation additionally as a function of a user profile stored in the profile memory.